



Halal Multi Choice Winter 2019

WEEK 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Casserole	Lamb Lasagne	Roast Chicken with Sage and Onion Stuffing	Chicken Wrap	Salmon Nibbles
Cheese Pinwheels	Jacket Potato with Cheese	Quorn Pattie	Dexter's Carrot and Potato Pie	Cheese and Tomato Pizza
Potato or Pasta		Roast Potatoes or Wholemeal Pasta	Diced Potato or Rice	Low Fat Chips or Pasta
Forest Fruit Pudding with Custard	Fruit Portion	Chocolate Cookie	Apple Pie with Custard	Lemon Muffin
WEEK 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Fillet	Shepherds Pie	Roast Chicken with Sage and Onion Stuffing	Chicken and Veg Pie with gravy	Fish Fillet
Vegetable Pie	Jacket Potato with Beans	Vegetarian Sausage	Cheese Omelette	Cheese and Tomato Pizza
Potato Wedges or Rice		Roast Potatoes or Wholemeal Pasta	Mash Potatoes or Pasta	Low Fat Chips or Pasta
Apple Crumble with Custard	Fruit Portion	Mandarin Trifle	Chocolate Brickwall with Chocolate Custard	Banana Muffin
WEEK 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Fajita	Lamb Slice	Roast Chicken with Sage and Onion Stuffing	Chargrilled Chicken Fillet	Fish Fingers
Macaroni Cheese	Jacket potato with cheese and beans	Quorn Casserole	Vegetarian Sausage	Cheese and Tomato Pizza
Rice	Vegetable Rice	Roast Potatoes or Wholemeal Pasta	Diced Potatoes or Pasta	Low Fat Chips or Pasta
Apple Strudel with Custard	Fruit Portion	Favourite Shortbread	Pear Crumble with Chocolate Custard	Carrot and Orange Muffin